## **Elements of Knowledge**

**Training Reference Tables** 

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
01 - SAR Unit	1.0 Introduction to SRU Performance	CHAPTER 2 HUMAN FACTORS
Performance	SRU Vessel and Training	2.1 Why spend time discussing human factors?
	Individual contributions to the team	2.2 Profile of a good SAR team
	1.1 Team Performance	Communication
	Rescue Team Priorities	Briefings
	1.1.1 Command Structure	Make the time
	1.2 On Watch	Be open and friendly
	1.3 Vessel Positions	Anyone can conduct the briefing
	1.3.1 General Duties	A briefing must be interactive
	1.3.2 Helm	Define responsibilities
	1.3.3 Navigation Monitor	Use closed-circuit communications
	1.3.4 Linehandler / Operations	Keep focused
	1.3.5 Equipment setup and operation	Ensure that no question remains unanswered
	1.3.6 Lookout	Debriefings
	1.3.7 Common Positions According to Vessel State/Mission	Challenge and response
	1.4 Vessel Fitness	Steps in a challenge
	1.4.1 Routine Inspection	Taking advantage of challenges
	1.4.2 Pre-departure Inspection	Obstacles to challenges
	1.5 Mission Execution	Short term strategies
	1.5.1 On Call	Identify the problem
	1.5.2 Mission Preparation	Developing the plans
	1.5.3 Mission Briefing	Check the plans
	1.5.4 Response Priorities (get	Summary briefing
	there safely)	Monitor
	1.5.5 Night Operations	Authority and assertiveness
	1.6 Team Communication	Management styles
	1.6.1 Open Boat Communications	Tiger style - high on performance but low on people
	1.7 Risk Assessment	Penguin style - low on performance but high on people
	1.7.1 Stop Assess and Plan (SAP)	Snail style -low on both performance and people
	1.8 Critical Incident Stress (CIS)	Sheep style - average concerns for both people and performance
	1.8.1 A Normal Reaction to an Abnormal Event	Dolphin style - high on people, high on performance
	1.8.2 Activation of the System	Management style analysis
	1.8.3 Signs of CIS	Workload
		Decrease the number of tasks to be accomplished
		Decrease the weight of individual tasks
		Increase the time available for accomplishing the tasks

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		State of a team
		Optimum state (+I)
		Concerned state (+2)
		Alarmed state (+3)
		Bored state (-I)
		Inattentive state (-2)
		Inattentive at a critical phase (-3)
		Judgement and decision-making strategies
		Vigilance
		Problem discovery
		Problem diagnosis
		Alternative generation
		Risk analysis
		External influences
		Decision
		Action
		Monitoring
		2.3 Image and attitude
		2.3.1 Heroism: a dangerous attitude
		Professionalism
		The ingredients of professionalism
		Knowledge and skills
		Acting in a professional manner
		Image
		Crew Attitude
		Knowledge and skills
		Operating a boat in a professional and courteous manner
		2.4 Critical-incident stress management
		Critical-incident stress
		Reacting according to experience
		Countering the effects of stress

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
02 - Personal Safety	2.0 Introduction	CHAPTER 3 . PERSONAL SAFETY
	2.1 Flotation	General
	2.1.1 Life Jackets	Protection in cold water
	2.1.2 Personal Flotation Devices (PFDs)	Wearing gear that fits
	2.1.3 Anti-Exposure Work Suits	Cleaning and maintaining your safety gear
	2.1.4 Abandonment immersion suits	Picking the proper gear for the job
	2.2 Insulation & Thermal Protection	Flotation
	2.2.1 Thermal Underwear	Warmth
	2.3 Protection	Protection
	2.3.1 Drysuit	Ease of detection
	2.3.2 Helmets	Mobility
	2.3.3 Eye Protection	Personal safety equipment
	2.3.4 Gloves	General
	2.3.5 Footwear	Buoyant devices
	2.4 Mobility	General
	2.5 Visibility	Standard life jackets
	2.6 Signalling for Distress	Small vessel life jackets
	2.6.1 Equipment Vest	Personal Flotation Devices (PFDs)
	2.7 Additional gear	Anti-exposure work suits
	2.7.1 Knife	Testing the floating capability of PFDs and flotation suits
	2.7.2 Pocket Mask, Rubber Gloves and Eye Wear	Abandonment immersion suit
	2.7.3 Gear Bag	Dry suits
	2.8 Maintenance & Cleaning	General
	2.8.1 Drysuit Maintenance	Dry suit maintenance
	2.8.2 Drysuit Repairs	Dry suit storage
	2.8.3 Float Test	Repairs
	2.9 Cold water survival	Thermal underwear
	2.9.1 Preventing Hypothermia	Equipment vest
	2.9.2 Signs and Symptoms	Strobe light
		Personal distress flares
		Whistle
		Heliograph
		Dye marker
		Flashlight
		Portable VHF radio
		Knife

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Additional gear General cleaning routines for protective clothing

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
03 - Vessel Fitness and	3.0 Introduction to Vessel Fitness & Safety	CHAPTER 4. VESSEL SAFETY
Safety	3.1 Briefing	Checklists and inspection of equipment
	3.1.1 Pre-mission Briefing	How and what to inspect
	3.1.2 Passenger Briefing	Sample inspection checklist
	3.2 Pre-Departure Check	Maintenance and repairs
	3.2.1 Bring the Weather and Tide Information	General
	3.3 Emergencies	Routine maintenance
	3.3.1 Crew Overboard	Boat mechanics and troubleshooting
	3.3.2 Capsize, Sinking	General
	3.3.3 Crew Strategies for Cold Water Survival	Hull
	3.3.4 Fire On-Board Your Vessel	Tubes
	3.3.5 Signalling a Distress	Outboard engine systems
	3.4 Vessel Inspection	Fuel and oil
	3.4.1 Regular Inspections are Mandatory	Clutch, throttle and gears
	3.4.2 Example General Weekly Inspection List for Larger CGA Vessels	Power tilt and trim
	3.5 Vessel Systems Maintenance	Propellers and attachment system
	3.5.1 Inboard Engines	Batteries and electric systems
	3.5.2 Outboard Engines	Engine cooling system
	3.5.3 Checking the Electrical System	Engine alarms
	3.6 Fuelling	Troubleshooting basic mechanical problems
	3.6.1 Fuel Consumption and Range	Introduction
	3.6.2 Safe Fuelling	Troubleshooting diesel engines
		Problems common to both gasoline and diesel engines
		Outboard motor troubleshooting
		Troubleshooting steering gear failure
		SAR equipment
		Binoculars
		Night vision goggles
		Searchlight
		Flashlight
		Life buoys
		Rescue extension
		Fire extinguishers
		Rescue frame
		SAR pumps
		Trailering a boat

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		General
		Trailer capacity
		Balancing and securing the boat
		Pre-departure checklist
		As you trailer
		Launching the boat
		Recovering the boat
		Trailer maintenance
		You and the law
		On board emergencies
		Person overboard
		Recovery procedure
		Anderson (one-turn) manoeuvre
		Williamson manoeuvre
		Accidental grounding
		General
		Accidental-grounding checklist
		Emergency procedure in the event of capsizing
		General
		Prevention
		Precautions
		Escape procedures
		Alongside a capsized boat
		Remaining inside a capsized boat
		Self-righting techniques for an RHIB
		Injury to a crewmember
		Becoming disoriented
		Fire on board
		Opening a hatch

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
04 - Communications &	4.0 Introduction	CHAPTER 1 . MARITIME SAR IN CANADA
Record Keeping	4.1 Radio Watch & Log Keeping	1.1 Who is involved?
	4.1.1 Duties and Responsibilities	Canadian Coast Guard
	4.1.2 Log Keeping	Department of National Defence
	4.1.3 Vessel Log Keeper	Interdepartmental Committee on Search and Rescue (ICSAR)
	4.2 VHF Communication System	National Search and Rescue Secretariat (NSS)
	4.2.1 Canadian Joint Rescue Centres	1.2 How is maritime SAR delivered in Canada?
	4.2.2 Radio Operators Certificate (ROC)	Management and monitoring
	4.3 Operating the VHF	Operations
	4.3.1 Basic controls on VHF radios include	Prevention
	4.3.2 International VHF Radio Procedures	Volunteers
	4.3.3 Terms for Use with Marine VHF	1.3 Vessels
	4.3.4 Communication Example	Primary SAR vessels
	4.4 Search and Rescue Communications	Secondary SAR vessels
	4.4.1 Calling the Joint Rescue Co-ordination Centre	Canadian Coast Guard Auxiliary (CCGA)
	4.4.2 JRCC Use of Pagers	Vessel of opportunity
	4.4.3 Communication Tips	1.4 Rescue co-ordination and alerting
	4.4.4 Initial Departure Message	Rescue Co-ordination Centres and Maritime Rescue Sub-centres
	4.5 Distress Communications	On-scene Co-ordinator / Co-ordinator Surface Search
	4.5.1 GMDSS (Global Maritime Distress and Safety System)	Rescue alerting. detection and communications
	4.5.2 VHF Distress Messages and other Urgent Traffic	What is GMDSS?
	4.5.3 Distress Calls Received by Telephone	Why GMDSS?
		GMDSS equipment
		Maritime Safety Information (MSI)
		GMDSS Sea Areas - International
		GMDSS Sea Areas- Canada
		Vessel compliance
		Communications between GMDSS vessels and non-GMDSS vessels
		Canadian Coast Guard Marine Communications and Traffic Services Centres
		Canadian Rescue Co-ordination Centres and Maritime Rescue Sub-centres
		Operator proficiency
		Marine Communication and Traffic Services
		1.5 Canadian Coast Guard program effectiveness
		1.6 Unnecessary use of the SAR system
		System of last resort
		Ensure self-reliance

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		<ul> <li>1.7 Partnership and team approach to search and rescue</li> <li>What is my potential contribution to a search and rescue effort?</li> <li>Your level of training</li> <li>The capabilities of your boat and crew</li> <li>Equipment on board</li> <li>1.8 Who should be called first?</li> <li>Waters under federal responsibility</li> <li>Provincial responsibilities</li> </ul>

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
05 - Practical Seamanship	5.0 Introduction to Practical Seamanship	CHAPTER 5 . SEAMANSHIP AND TERMINOLOGY
	5.0.1 Line Handler	Boat terminology
	5.1 Knots and Lines	General
	5.1.1 Construction	Location, position and direction aboard a boat
	5.1.2 Lay and Weave	Construction terminology
	5.1.3 Knots, Bends and Hitches	Boat measurement
	5.1.4 Coiling and Stowing	Construction parts
	5.1.5 General Precautions for Working with Rope	Deck fittings
	5.1.6 Line Inspection	Types of boats
	5.2 Deck Safety and Lines Under Load	Sailboats
	5.2.1 Never Stand in the Bight!	Types of sailboat
	5.2.2 Watch your head!	The basic small sailboat
	5.3 Mooring and Securing the Vessel	Small motorboats
	5.3.1 Tying Up	The Runabout
	5.3.2 Cleat	Freshwater and saltwater fishing boats (boats for anglers)
	5.3.3 Sampson Post	Cruisers. trawlers. and houseboats
	5.4 Anchoring	Pontoon and deck-type boats
	5.4.1 Anchor Types	Personal watercraft
	5.4.2 Main parts of a typical anchor	Inflatable boats
	5.4.3 Anchor Fittings	Canoes. kayaks. and rowboats
	5.4.4 Setting the Anchor	Fishing vessels
	5.4.5 Scope	Side trawler
	5.4.6 Weighing Anchor	Stern trawler
	5.4.7 Clearing a Fouled Anchor	Outrigger trawler or beam trawler
		Tuna purse seiner
		Purse seiner
		Dredger
		Lift-netter
		Pot vessel
		Longliner
		Tuna longliner
		Pole-and-line vessel
		Troller
		Pump fishing vessel
		Trawler-purse seiner
		Boat motions

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Ropes
		Types and characteristics of ropes
		Twisted vs. braided ropes
		Natural fibre rope
		Sisal
		Hemp
		Manila
		Synthetic fibre ropes
		Nylon
		Polyesters
		Polypropylene
		5.5 Knots. bends. hitches and related items
		General
		Knots
		Bowline
		Square Knot
		Figure-eight knot
		Bends
		Sheet bend
		Fisherman's bend
		Hitches
		Half hitch
		Timber hitch
		Clove Hitch
		Whipping
		Splicing
		Short splice
		Long splice
		Eye splice
		Using ropes with deck fittings
		Securing a line to a standard cleat
		Securing a line to a Sampson post
		Securing a line to a bitt
		Securing a line to a railing
		5.6 WireRope
		Construction

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Wire rope lay Safety considerations Safe working loads Bending stress Inspection 5.7 Working with ropes, lines and wires Working with ropes Rope inspection Coiling and faking a rope Cutting a rope Safe working loads Working with wires Taking a rope from a reel Storage Seizing and cutting Accidents involving use of mooring wires and reels Working safely

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
06 - Boat Handling	6.0 Introduction	CHAPTER 9 . BOAT HANDLING
	6.1 Helm Position	General
	6.2 Forces on Your Vessel	The art of boat handling
	6.2.1 Winds	Environmental forces acting on a boat
	6.2.2 Waves	Winds
	6.2.3 Current	Seas
	6.2.4 Combined natural forces	Current
	6.3 Vessel Characteristics	Combined environmental forces
	6.3.1 Displacement Hulls	Propulsion and steering
	6.3.2 Planing Hulls	Shaft, propeller and rudder
	6.4 Propulsion and Steering	Propeller action
	6.4.1 Pivot Point	Propeller current
	6.4.2 Trim	Side force
	6.5 Propellers	Cavitation
	6.5.1 Parts of a Propeller	Rudder action
	6.6 Basic Manoeuvres	Outboard motors and stem drives
	6.7 Manoeuvring	Thrust and direction control
	6.7.1 Directed Thrust	Propeller side force
	6.7.2 Twin Engine Directed Thrust	Vertical thrust
	6.7.3 Waterjets	Cavitation
	6.7.4 Non-Directed Thrust and Rudder Deflection	Waterjets
	6.8 Getting Underway	Thrust and direction control
	6.9 Approaching the Dock	No side force
	6.10 Station Keeping	Cavitation
		Boat handling characteristics
		Inherent handling characteristics
		Single propeller characteristics
		Dead in the water
		Right-hand propeller - ahead
		Right hand propeller - astern
		Rudder position - backing
		Twin propeller characteristics
		Port Propeller Stopped
		Starboard propeller stopped
		Twin propeller pivot turn
		Twin propeller steering

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Outboard and characteristics
		Major differences
		Types of hulls
		Displacement hulls
		Wave drag and theoretical hull speed
		Semi-planing hulls
		Planing
		What is planing?
		Trim angle
		The evolution of v-bottomed hulls
		Heeling and stability
		Basic boat handling techniques
		Leaving the dock
		Prior to getting underway
		Getting underway
		Leaving the dock
		Clearing a berth
		On board procedures on fast units
		Accelerating
		Trimming outboard engines
		Turning
		Docking a vessel
		Docking - general technique
		Docking - strong winds or currents technique
		Beaching a boat
		Anchoring a boat
		Advanced boat handling techniques
		Manoeuvring alongside another vessel (pacing)
		Determine approach
		Course and speed
		Approach from leeward and astern
		Lines and fenders
		Going alongside
		Begin to close
		Use a sea painter
		Make and hold contact

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Conduct the mission Clearing Close quarter situations Using winds and currents to advantage Station keeping Winds and current Waves Backing Shallow water manoeuvering techniques Heavy weather boat handling Heavy seas Rolling Pitching Yawing Running in following seas Operating a vessel in excessive wind Counteracting the effects of the wind Heavy weather piloting Preparation Chart preparation Chart preparation Chart labeling Radar Ranges Chart Stowage

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
07 - Navigation	7.0 Introduction to Navigation	CHAPTER 6 . NAVIGATION SAFETY
	7.1 Navigation Monitor	Collision regulations
	7.1.1 Publications	General
	7.2 Aids to Navigation	Responsibility
	7.2.1 Buoys and Beacons	Lookout
	7.2.2 Ranges and Transits	Safe speed
	7.2.3 Sector Lights	Conduct of vessels in sight of one another
	7.2.4 Fog Signals	Meeting, crossing and overtaking
	7.3 Hydrographic Charts	Sailboats and special situations
	7.3.1 Mercator Projection Chart	Conduct of vessels in restricted visibility
	7.3.2 Chart Symbols	Lookout procedures
	7.3.3 Chart Check	General
	7.3.4 Distances and Positions	Requirement
	7.4 The Compass	Assignment and station
	7.4.1 Using your Eyes and Chart in Piloting	Guidelines
	7.4.2 Transit Lines	Lookout positioning
	7.5 Collision Regulations	Object identification
	7.5.1 Fundamentals of Collision Prevention	Relative bearings
	7.5.2 Conduct of Vessels in Sight of One Another	Position angle
	7.5.3 Narrow Channels and Traffic Separation Schemes	Distance
	7.5.4 Navigation lights for Small Vessel	Making reports
	7.5.5 Day Shapes Basic	Scanning
	7.5.6 Sound Signals	Scanning procedure
	7.6 Electronic Navigation	Night scanning
	7.6.1 Radar	Fog scanning
	7.6.2 Global Positioning System (GPS)	Night lookout watch
	7.6.3 Electronic Charting Systems and Chart Plotters	Dark adaptation
	7.6.4 Depth Sounder	Scanning
	7.7 Navigation: When in doubt stop or slow down	Helm watch
		Guidelines
		Towing watch
		General
		Guidelines
		Observed danger
		Maintaining watch
		Anchor watch

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Guidelines
		Check for chafing
		Check for dragging
		Check your position
		6.3 Aids to navigation
		General
		Buoys
		Lateral buoys
		Cardinal buoys
		Special purpose buoys
		Lights, leading lights, sector lights and direction lights
		Lights
		Leading lights (also known as range lights)
		Sector lights
		Direction lights
		CHAPTER 7 . NAVIGATION
		Navigating with charts
		The magnetic compass
		Deviation
		Finding deviation
		Anatomy of a chart
		Scale
		Projection
		Datum
		Compass Rose
		Variation
		Latitude and Longitude
		Working with charts
		TOOIS
		Measuring distance
		Plotting bearings and courses
		Correcting for deviation and variation
		Uncorrecting for deviation and variation
		Distance, speed and time
		Danger bearings and angles
		Relative bearings

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Determining position
		The fix
		Bearings with the steering compass
		Observations on a single object
		Dead Reckoning
		Regulations and other printed sources of maritime info
		General regulations
		Navigating with charts in a small SAR unit
		Know your chart
		Visualize
		Always know where you are and where you will be
		Find good routes to navigate through your territory
		Electronic navigation
		Radar
		General
		Basic principle
		Advantages
		Disadvantages
		Minimum range
		Maximum range
		Operational range
		Reading the radar indicator
		Operating controls
		Reading and interpolating radar images
		Radar contacts
		Radar fixes
		Loran
		General
		Receiver characteristics
		Determining position
		Refining a Loran-C line of position
		Global Positioning System (GPS)
		Standard positioning service
		Equipment features
		Differential Global Positioning System (DGPS)
		CHAPTER 8 . WAVES AND WEATHER

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Wave theory
		General
		The parts of a propagating wave
		Wave energy
		Particle motion
		Factors in creating shape
		Breaking waves
		Refraction and reflection
		Combining wave fronts
		Rip currents
		Tsunamis
		Understanding weather
		General
		The atmosphere - general concepts
		Applied knowledge
		Special weather conditions
		Thunderstorms
		Fog and snow
		Icing
		Maritime weather information
		Maritime weather forecasts
		Weather warnings
		Effect of wind

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
08 - Towing	8.0 Introduction	CHAPTER 10 . TOWING
-	8.1 (STOP & ASSESS) Tow Assessment and Safety	General
	8.1.1 Towing SAP (Stop Assess Plan)	Safety
	8.1.2 Safety on Board Your Tow	Communications
	8.2 (The Plan) Pre-Tow Briefing	Forces in towing
	8.2.1 Towline Safety	Static forces
	8.3 Positions	Momentum
	8.3.1 Line Handler: Set up and Passing the line	Friction resistance
	8.3.2 Crewmembers On-board the Tow	Form drag
	8.3.3 Tow Watch	Wave making resistance
	8.3.4 Helm	Wave, spray and wind drag
	8.3.5 Towline length	Wave drag
	8.4 Towing Log Entries	Spray drag
	8.4.1 Taking notes	Wind drag
	8.4.2 JRCC SITREPS	Combination of forces and shock loading
	8.5 Towing Alongside	Towing equipment
	8.6 Handling a Sinking Tow	Towlines
		Towline reel
		Towing pendants and bridles
		Pendant
		Bridle
		Messengers
		Chafing gear
		Preventing chafing damage -13
		Thimbles
		Deck fittings and other fittings
		Condition and inspection
		Using a drogue
		Prepare the drogue gear
		Pass the drogue
		Rig drogue for deployment
		Deploy the drogue
		Shortening up and recovering the drogue
		Approaching a vessel in need of towing
		Before approaching the vessel
		Towing approaches

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Determining the towing approach to use
		The parallel approach
		Crossing-the-T approach
		The 45-degree approach
		The back-down approach
		Passing the towline
		General
		Preparation and use of heaving line
		Preparation and use of float line
		Line throwing apparatus
		Weighing anchor of a disabled craft
		General
		The shackle method
		The kicker-hook method
		The bowline method
		Selection of the towline connecting point
		Trailer eyebolt
		Bow cleat, bow bitt or Sampson post
		Method of connection
		Use of bridles
		Double-leg bridles
		Single-leg bridles
		Stern tow
		Preliminary procedures
		Procedures underway
		Towing speed
		General
		Determining safe towing speed - displacement hull
		Determining safe towing speed - planing hull
		Towing alongside
		General
		Shortening the tow
		Securing alongside
		Entering a marina with a vessel in tow
		Docking the alongside tow
		Heavy weather towing

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Towing in current
		General
		Towing upstream
		Towing downstream
		Towing across the current and/or from current to still water
		Towing aircraft
		General
		Approach
		Passing the line
		Towing
		Lights
		Person overboard operations with a tow astern
		General
		Method
		Tandem towing
		Methods
		Honolulu method
		Daisy chain method
		Y method Cieling toward a tow on fire
		Discing the conjector number of vessel in tow
		Managing a sinking tow
		Fire on a towed vessel
		Towing precautions checklist

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
09 - Search	9.0 Introduction	CHAPTER 11 . SAR OPERATIONS
	9.1 Stage One: Awareness	Awareness and initial actions -7
	9.1.1 Who answers the call for help?	SAR stages
	9.1.2 Canadian SAR System Responds	Awareness
	9.2 Stage Two: Initial Actions	Initial action
	9.2.1 Search Action Plan Message from JRCC	Planning
	9.2.2 SAR detectives	Operations
	9.2.3 Preparing Yourself to Search	Conclusion
	9.2.4 Pre- Departure Briefing	Emergency phases
	9.2.5 Preparing Your Vessel for Searching	Uncertainty phase
	9.3 Stage Three: Searching	Alert Phase
	9.3.1 Making the Search Action Plan Happen	Distress phase
	9.3.2 Datum and LKP	Awareness stage: Methods for communicating distress
	9.3.3 Target Profile	Distress signals targeted to rescue centres
	9.3.4 Look to find	Distress signals targeted to anyone nearby
	9.3.5 Searching at Night	Radio communications
	9.3.6 The Use of Spotters	MAYDAY
	9.3.7 Recognising a distress	PAN-PAN
	9.3.8 Shoreline Searches	SECURITE
	9.3.9 Search Patterns	Radio alarm signal
	9.3.10 Drifting with the Datum	Receiving a distress message
	9.3.11 Driving the pattern	Pyrotechnics
	9.3.12 Finding Things	Flag hoists
	9.4 Other Search Units	Hand signals
	9.5 Example of Log Entries During a Search	Light signals
		Initial action stage
		Timing of an SAR mission
		SAR communications
		Communication methods
		SITREPS
		Communication priorities
		Release of information to the media and the public
		Planning
		Before departure and during transit
		Basic search planning
		Datum

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Datum point
		Datum line
		Datum area
		Forces affecting datum
		Leeway
		Local wind-driven current
		Sea current
		Tidal current
		River current
		Search area description
		Comer point
		Trackline
		Centre point (circle)
		Centre point (rectangle
		Centre point-landmark (rectangle, bearing and distance)
		Landmark boundaries
		Search patterns
		Search pattern designation
		Square patterns(S)
		Sector patterns (V)
		Parallel track patterns (P)
		The creeping line single-unit pattern (CS)
		The trackline single-unit return pattern (TSR)
		Additional search patterns
		Barrier
		Shoreline search
		Initial response
		Initial response search area
		Procedure
		Communications with RCCJMRSC
		Appropriate search pattern
		Search area coverage
		Sweep width( W)
		Track spacing (S)
		Commence search point
		Search preparation

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Brief Crew and lookouts Search object briefing Lookout assignments Conducting a search Visual search procedures Locating the search object Locating surface craft Locating overdue vessels Locating disoriented or lost vessels Locating abandoned vessels Locating distressed aircraft Locating person in the water Foundered or sunken vessels Search reduction Cessation of searches

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
10 - Rescue	10.0 Introduction	Rescue
	10.1 Stop Assess Plan	Arriving on scene
	10.1.1 SAP is a team communication process	Recovering persons in the water
	10.2 Rescue and Recovery	General guidelines
	10.2.1 Person in the Water	Methods of recovery
	10.2.2 Recovery From Various Survival Craft	Rescue of persons from burning vessels
	10.2.3 Person trapped under a vessel	Guidelines
	10.2.4 Recovering from shore	Vessel on fire at fuel docks and marinas
	10.2.5 Recovery of non-survivors	Rescue from survival craft
	10.3 Treatment, Transport and Transfer of Survivors	Grounded vessels and damage control
	10.3.1 Patient management for marine specific accidents	Broaching
	10.3.2 Transport	Pounding
	10.3.3 Transfer to or from another vessel	Refloating procedures
	10.3.4 Transfer to Medical Care	Straight pull
	10.4 Saving a vessel	Wrenching and pulling
	10.4.1 Assessing a Vessel's Stability	Bow-on pull
	10.4.2 Rescue of a vessel drifting onto a lee shore	couring
	10.4.3 Damage Control	Heeling sailing vessels
	10.4.4 Righting or Towing Capsized Vessels	Damage control in SAR incidents
	10.4.5 Assisting Grounded Vessels	Water flow control methods
	10.4.6 Firefighting	Suggested damage-control kit
	10.5 Helicopter Operations	Rescue of capsized vessels
	10.5.1 Hoist Operations	Righting powerboats
	10.5.2 Air drops	Righting a powerboat by par buckling
	10.5.3 Aircraft Emergencies	Righting using bow and transom eyebolt
	10.6 Boarding a Vessel	Righting using towline fore and aft of boat's keel
	10.6.1 Stop and Assess (Pacing)	Refloating swamped boats astern using trailer eyebolt
	10.6.2 Plan	Righting small sailboats
	10.6.3 Approaching to Board	Righting larger vessels
	10.6.4 Boarding	Righting technique
	10.6.5 Departing	Kayaks, canoes and small rowboats
	10.7 Seaplanes	Rescue of a vessel drifting onto a lee shore
	10.8 Log Entries	Grounded vessels on lee shore or in other danger
	Example of a CCGA Vessel's Log	Boosting another vessel
		Procedure for boosting
		Escorting a vessel

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Escorting procedure
		Removing/delivering persons from/to shore
		Procedure
		Life Raft method
		Removing/delivering persons fromIto other vessels
		General guidelines
		Use of life raft for transfer
		Patients in stretchers
		Larger ocean-going vessels
		Passenger ship
		Ship at anchor
		Heavy weather
		Aircraft rescue
		Airborne
		Ditching nearby - general guidelines
		Helicopter ditching
		Aircraft crash - general guidelines
		Rescue operations with DND planes and helicopter
		Equipment Drops
		Survival Kit Air Droppable (SKAD)
		Air-droppable pump
		Parachute drops
		Joint operations with DND helicopters
		Preparation of the SRU
		Control of deck operations
		Positioning of vessel and conduct of normal hoist process
		Aircraft engine failure
		Aircraft emergency entry
		Recovering submerged victims
		What agencies can recover victims?
		General guidelines
		Mission conclusion
		CHAPTER 12-EMERGENCY CARE AND
		TRANSPORTATION OF MARITIME CASUALTIES
		Medical emergencies
		Information gathering

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Responding to the incident
		Communication with casualty vessel
		Arrival on scene
		Decision Point
		Stabilizing patient
		Transfer
		Transport
		Ambulance reception Point
		Hand-over to the ambulance
		Water extrication 9
		Some sample methods of water extrications
		Single or multiple person manual lift
		Plastic spine board or Miller board
		Plastic basket stretcher
		Parbuckling or net rolling
		Hypothermia
		Mild hypothermia (non life-threatening)
		Severe hypothermia (life-threatening)
		Cold water near drowning
		Factors in survival of cold water near-drowning
		Additional factors in long-term submersion
		Body reactions and responses to cold (autonomic or automatic)
		Medical management and transport of the cold water near-drowning victim
		Basic life support rescue from the water
		Rescue breathing
		Chest compressions
		Advanced cardiac life support
		Apparent signs of death
		Re-warming procedures
		Contamination with oil
		Diving related injuries (SCUBA. etc.)
		Physiology of diving
		Decompression
		Common diving emergencies
		Barotrauma
		Ear barotrauma

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Sinus barotrauma
		Tooth barotrauma
		Digestive tract barotrauma
		Air embolism. decompression sickness and bends
		Air embolism
		Decompression sickness (DCS) and bends
		Guidelines for the treatment of divers
		Remove the diver from the water
		Special considerations - recovering technical divers
		Undressing an injured or unconscious diver
		Determine the nature of the problem
		Organize transport to a recompression chamber
		Place the victim in the appropriate position
		Perform a secondary survey and treat all other injuries
		Multi-casualty situations
		Triage
		General rules of triage
		Casualty evaluation
		Priorities for treatment and evacuation
		Urgent category (red)
		Delayed category (yellow)
		Minor category (green)
		Deceased category (black)
		The tagging system
		The tagging of casualties
		Triage tags
		Multi-casualty first aid
		Airways
		Breathing
		Circulation
		Deadly bleeding
		Hypothermia
		Shock
		Long bone fractures
		Bums
		Spinal injuries

Training Element	SAR Crew Manual	SAR Seamanship Reference Manual
		Cervical spine
		Spinal immobilization techniques
		Using rigid cervical collars
		Using spinal immobilization devices
		Spine boards
		Kendrick Extrication Device (KED)
		Miller board or litter
		In-water spinal injuries
		Care of rescue craft survivors
		Survival at sea
		Medical problems encountered with survivors
		Seasickness
		Sunburn
		Dehydration and malnutrition
		Heat exhaustion
		Heat cramps
		Cold exposure injuries (local)
		Chilblains
		Immersion foot
		Frostbite
		External assistance
		Medical advice
		Signs of death
		Only a doctor can declare a patient dead
		Use of a camera
		Transportation of casualty in Fast Rescue Craft
		Limitations of Fast Rescue Craft
		Methods of Immobilization in FRC
		Artificial Respiration (AR) and CPR in FRC